

## Responses to Queries Raised during the Online (TEAMS) Clarification Session for National School Games (NSG) Rhythmic Gymnastics (RG): Inclusion of New RG National Program from 2025 on 28 August 2024

### 1) Is Level 2 (2024) equivalent to the new Level 3, and Level 3 (2024) equivalent to the new Level 4?

Yes, Singapore Gymnastics has mapped the new Level 3 and Level 4 to be similar to the difficulty levels of Level 2 (2024) and Level 3 (2024) respectively. However, it is important to note that they are not exactly equivalent as the routine requirements have been reviewed and updated.

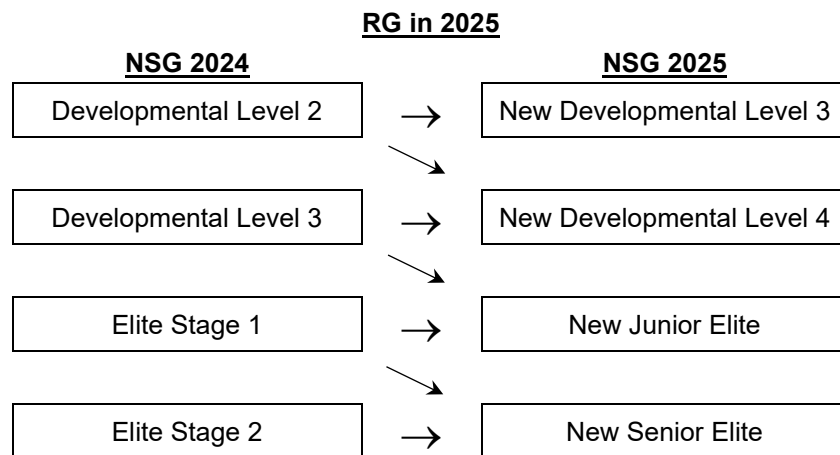
### 2) From 2025, will there still be a Stage category for Primary schools?

The “Elite Stage” category will cease to be used from 2025 and will be renamed the “Elite” category. Students competing in the Junior Elite and Senior Elite categories will perform routines based on the respective routine requirements spelt out in the NSG RG Competition Technical Program.

The Junior Elite and Senior Elite routine requirements are adapted from Elite Pathway Age group 9 and Age group 11, respectively, of Singapore Gymnastics’ new RG National Programme (2025 and beyond).

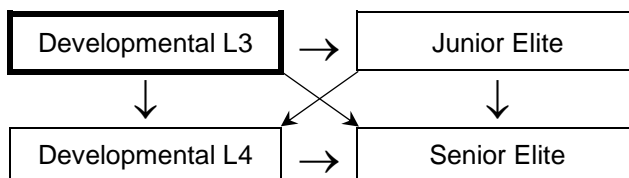
### 3) Can a student who was one of the Top 3 medalists in 2024 continue to compete in the same category the next year?

As the introductory year for the new competition program, all medal winners of Developmental Level 2, Developmental Level 3, Elite Stage 1 and Elite Stage 2 in 2024 may compete in the new program as below in 2025:



From 2026 onwards, students who are Top 3 medal winners of Junior Developmental Level 3 of the previous year must be registered to higher level events (i.e., Senior Developmental Level 4 or Elite categories). All other medal winners may compete in the same category or higher-level categories and should not regress to lower levels (see illustration):

**RG from 2026**



- 4) Can a student who competed in Stage 1 (2024) this year and did not winning any medals compete in the new Level 3 next year?**

Yes, a student who competed in Stage 1 in 2024 and did not win a medal may compete in the new Level 3 next year at the NSG.

- 5) Can a student who was one of the Top 3 medalists in Stage 1 (2024) this year continue to compete in the Junior Elite category next year?**

Yes, a student who was one of the Top 3 medalists in Stage 1 in 2024 can continue to compete in the Junior Elite category the following year.

- 6) What is the age range for Junior Division Developmental and Elite categories?**

At the NSG, the following age range (dates-of-birth for 2025) applies for the Junior Division and Senior Division Developmental and Elite category (please refer to the current year’s Rules and Regulations for the most accurate dates-of-birth).

<b>Senior Division Developmental &amp; Elite</b>	<b>Junior Division Developmental and Elite</b>
<p><b><u>11- to 13-year-old</u></b>            1 Jan 2015            1 Jan 2014 - 31 Dec 2014            1 Jan 2013 - 31 Dec 2013            2 Jan 2012 - 31 Dec 2012            1 Jan 2012</p> <p>A competitor from the Junior Division age group (not including *7- and 8-year-old students) may opt to participate in the Senior Division.</p>	<p><b><u>9- to 11-year-old</u></b>            1 Jan 2017            1 Jan 2016 - 31 Dec 2016            1 Jan 2015 - 31 Dec 2015            2 Jan 2014 - 31 Dec 2014            1 Jan 2014</p> <p><b><u>*7- and 8-year-old students may participate through the ‘Age Dispensation’ application</u></b>            1 Jan 2019            1 Jan 2018 - 31 Dec 2018            2 Jan 2017 - 31 Dec 2017</p> <p><u>Note:</u> The Level 1 Group Freehand is available only for the *7- and 8-year-old students.</p>

- 7) Is what is stated the minimum specification requirement for the apparatus? Why do I not see the apparatus measured at the National Championships?**

Yes, what is stated for the NSG RG technical program is the minimum specifications required for each apparatus. For NSG, competition apparatus will be measured as according to the NSG rules and regulations. This may differ from that of the National Championship organised by Singapore Gymnastics.